– WHO, WHAT, WHEN, WHERE, HOW, AND WHY? – RUGBY

BY ROXANA TOFAN



WHO?

Rugby owes its existence to William Webb Ellis, a young student at Rugby School in England. According to legend, in 1823, during a game of soccer, Webb Ellis picked up the ball and ran with it, effectively creating the early form of rugby. This act of rebellion marked the birth of a sport that would evolve into the modern-day game we know.



Chances are you've never attended a rugby game in person. After watching my son play football for six years, he decided to play rugby after his last senior football game. I thought it was probably a nice way for him to stay in shape his last semester. I had no idea how much I didn't know about rugby, its camaraderie, and traditions.

Rugby, a sport characterized by camaraderie, athleticism, and raw physicality, has a rich history that spans over a century. To truly appreciate the essence of this game, one must dive into its origins, evolution, and global impact.





WHAT?

Rugby is a team sport played with an oval-shaped ball and divided into two main variants: Rugby Union and Rugby League. The primary objective in both forms is to carry, pass, or kick the ball over the opponent's try line to score points. Rugby Union is the more widely recognized and played version, featuring 15 players per team, while Rugby League has 13 players and slightly different rules. The game is known for its physicality, with tackles, scrums, and lineouts forming integral parts of its gameplay. It's a game of strategy, skill, and teamwork, demanding a combination of strength, speed, and finesse from its players.

WHY?

The origins of rugby can be traced back to the need for a sport that combined physical fitness, camaraderie, and competition. As Rugby School's popularity grew, so did the sport's appeal. Rugby offered a platform for young gentlemen to develop character, physical prowess, and teamwork, making it an ideal choice for schools and universities. Over time, rugby's popularity extended beyond educational institutions, becoming a means of fostering community spirit and a source of entertainment for spectators.





WHEN?

While rugby's roots can be traced back to the early 19th century when William Webb Ellis famously picked up the ball at Rugby School in 1823, the formalization of the sport and the creation of its first set of rules occurred in 1871 with the establishment of the Rugby Football Union (RFU) in England. The first international match, between England and Scotland, took place in 1871.

Rugby Union would go on to become an integral part of the British Empire's cultural export, spreading to countries like New Zealand, Australia, South Africa, and beyond. The sport's global footprint continued to expand through the 20th century, culminating in the Rugby World Cup's inauguration in 1987.

WHERE?

Rugby's journey from its birthplace in England led it to every corner of the globe. While it remained strong in its home country, it found fertile ground in the Southern Hemisphere, particularly in New Zealand, where rugby became a national obsession. In Australia and South Africa, the sport similarly gained prominence, with each country developing its unique rugby culture.

Rugby's reach extended even further, with nations like France, Wales, Ireland, Scotland Fiji, Samoa, and Tonga. The global appeal of rugby reached its highest with the Rugby World Cup, an event that showcases the sport's diverse and passionate following. Hosted in countries as varied as New Zealand, South Africa, France, and Japan, the tournament brings together nations from every corner of the world, making it a true celebration of rugby's international reach.

HOW?

Rugby's evolution from a schoolyard pastime to a global spectacle can be attributed to a combination of factors. The establishment of standardized rules by the RFU in 1871 provided a framework for the sport's development. The gradual shift towards professionalism in the late 20th century allowed talented players to commit fully, elevating the sport's skill and competitiveness.

The rise of international competitions like the Six Nations, Rugby Championship, and Rugby World Cup brought together the best teams, fostering fierce rivalries, and driving the sport's growth. Television broadcasts and the internet made rugby accessible to a global audience, further fueling its popularity.

Rugby's history is a tale of innovation, dedication, and passion. From its humble beginnings on the playing fields of Rugby School to its status as a global phenomenon, rugby has captured the hearts of millions worldwide. Its enduring appeal lies in the unique blend of skill, teamwork, and camaraderie that it offers. As we continue to witness the growth of rugby, both on and off the field, its future looks brighter than ever. Rugby's legacy continues to inspire generations, fostering a love for the game that transcends borders and unites people from all walks of life.

We surely had a blast watching the high school playoffs and watching our team, Boks Rugby Club win the Texas State High School Rugby Championship this past May. The rugby club provided athletes with a sense of belonging, achievement, and shared purpose. The dedication and passion of these young men and their coaches coming together was impressive.

After six years of football and one season of rugby, our son is hooked, playing hooker or scrum-half on the University of Oklahoma Men's Rugby Team and continuing to enjoy rugby's rich tradition of sportsmanship and respect for opponents that remains at its core, even in the face of increased intensity and professionalism.



Roxana Tofan is a commercial real estate and business broker and the founder and owner of Clear Integrity Group in San Antonio. She is also a Contributing Editor of **thenetwork** roxana@clearintegritygroup.com